



## Endodontic Treatment After Care Instructions

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MINT.



dental studio

### After Care Instructions:

- \* Some amount of pain and swelling is normal after endodontic or “root canal” treatment, as your body fights the infection, for 1-3 days.
- \* Take 3 x 200 mg ibuprofen AND 2 x 500 mg acetaminophen TOGETHER every 6 hours. Substitute prescription pain medicine for acetaminophen if needed for additional pain relief. Ice packs may be applied to areas of swelling or skin warm to touch.
- \* Be gentle to this area and avoid hard or chewy foods to provide adequate healing time. This tooth is more fragile after treatment and your temporary filling needs to be replaced with a permanent restoration as soon as possible.