



## Crown/Bridge & Inlay/Onlay After Care Instructions

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MINT.



dental studio

## After Care Instructions:

*Some amount of pain and tenderness is normal after a crown or other longer restorative appointment. It is common to have temperature sensitivity, or sense slight changes in bite after your temporary restoration is placed.*

- \* Acetaminophen or ibuprofen (or whatever you would use for a headache) may be taken every 4-6 hours for tenderness or soreness.
- \* Be gentle to this area and avoid hard or chewy foods to provide adequate healing time.
- \* If temporary restoration is displaced and there is no sensitivity, this is not an emergency. If your appointment to seat your restoration is just a few days away, there is no need to replace the temporary. If you are more than a few days away from your permanent restoration it is important get a new temporary to hold the tooth in its current position - please call the office to schedule a quick appointment. In some cases we may provide you with temporary cement, if you have temporary cement and your restoration has come off please follow the instructions below:
  - \* Clean out residual cement from temporary crown/onlay, etc. and practice fitting on to tooth to ensure proper placement.
  - \* Mix equal parts Base and Catalyst temporary cement provided at appointment and apply thin layer to temporary restoration.
  - \* Dry tooth and place. Apply firm pressure for 1 ½ minutes.
  - \* Pull knotted floss through the space between temporary and neighboring teeth to remove excess cement.